

Learn the Art of Belly Dancing

Sirena Sultana has taught lessons for beginner and intermediate levels, as well as private coaching. Also, she is a popular choice for workshops at special events and parties with her Belly Dancing Sampler.

Sirena is available to teach “Belly Dance Sampler” at workshops for your special event or organization. Recent workshops include:

- ~ Eastern CT State University (Willimantic, CT)
- ~ Sisterhood of Temple Emanuel (Waterford, CT)
- ~ TVCCA Employee Wellness Day (New London, CT)
- ~ Everything Zen Holistic Wellness Center (Groton, CT)
- ~ Fred Astaire Dance Studio (Mystic, CT)
- ~ Shoreline Dance Center (Westbrook, CT)
- ~ Baby Boomer’s Expo (Mystic, CT)

Sirena is also the director and choreographer of her dance troupe, “Sirens of the Sahara” (this name is an Arabian twist to the phrase “Sirens of the Sea”). The original troupe was formed in 2005, debuting at the acclaimed Mystic Outdoor Art Festival, an event that draws thousands of spectators annually.



**“Use your body to paint feelings, your muscles to sculpt movement
and your senses to translate music”**

- Lisa Alpine (Author, Dance Instructor)